CSS Advisory Board Meeting Agenda

Wed August 26th, 2020

10:00am Via Go-To Meeting by CSS Service Areas (Quadrants)

1. Introductions

Brief introductions given see attendance sheet -CSS notes recent increase in referrals after being fairly slow during Covid -MC PD also reports recent uptick -Turning Leaf has been busy as well.

2. COVID-19

a. Discuss successes and challenges

-CSS worked from home until 6/1/20. We have returned to offices with designated meeting spaces where we only meet with people when both parties wear masks. We are starting to see increase in activity. CG county had 8 referrals in the last week. Lots of homelessness and substance abuse referrals. -Turning Leaf also reports uptick in in domestic abuse and substance abuse referrals.

-Turning Leaf also reports uptick in in domestic abuse and substance abuse referrals They are getting 15-20 new patients a day.

- b. How is this affecting the workforce?
- c. How have our clients been affected?
- 3. Children's Behavioral Health Services -We are mandated to provide children services now
 - a. Financial eligibility requirements
 - i. Family's income up to 500% FPL
 - ii. 150-500% FPL= cost share percentages based on family's modified adjusted gross income (MAGI) -This is determined based on information from CSS application. For children is based on modified adjusted income; so review each case closely to determine this.

-We will only provide this service for children who don't have insurance as funders of last resort. We are the gap funder. We might just be funding short term while we work to get them eligible for Medicaid insurance. -This funding is available for our contracted providers.

- North Iowa Regional Services- Access Center in Waterloo has been designated by DHS

 This means they met the rules and requirements form the state to be an access center. The
 following have all been designated by DHS as Access Centers: Access Center in Waterloo,
 Berry Hill-Fort Dodge and RHD-Waterloo.
- 5. Inspiring Lives (formerly Prairie View) Road to Community Project Update

- 6. Mobile Crisis Response Services- 2nd RFP has been issued for MCR services to be provided in the CSS South, East, and North Service Areas
 - a. RFP Submissions are due by August 31st, 2020
 - b. Launch MCR in South Service Area by 1/1/2021
 - Launch MCR in North and East Service Areas by 4/1/2021

 Lots of questions directed to Raina especially from Law Enforcement wanting to see this service.
 We have to have this service in place by July 1st, 2021

-Raina noted some of the other regions who have this in place see the highest use from schools.

7. CSS is hosting a Crisis Intervention Training (CIT) on October 5th-9th in Waterloo, IA for law enforcement within the Region to attend

-Black Hawk Co Sherriff's office is hosting the CIT training for all law enforcement in our region. CSS will pay for training cost (not the officers salary). This training is limited to 25 officers. All Sheriff's department were notified by Black Hawk County Sherriff. Our North Quad Justice Coordinator-Jamie is going to contact all the North Quadrant city police departments to offer this to them.

-CSS hopes to get a locally trained officer who can begin providing this training regularly.

8. HF2456- mental health core service needs by July 1, 2021

-We have a list of services that we are mandated to provide by 7/1/21. Some have been met and some are still needed:

-access centers- we have pretty much met this with Waterloo and Fort Dodge. The exception is Emmet county as they are not within 120 miles of an access center. Individuals can present right at the access center for admission. Law Enforcement can also take individuals for admission.

-Crisis Center may be able to help with transportation service if they are available and if it is safe for them to transport the individual-case by case.

-ACT-this is unmet in our North Service area.

-Crisis Stabilization-community based - Crisis center longer than 23 hours. We do not have this within the region.

- Crisis residential services-within 120 miles. This is met through the access centers

-Intensive residential service home-a home in the community for individuals with more intense service needs. This is a no eject/reject service for most complex needs' individuals. We do not have this within the region.

-Mobile Response-this is in the West Quad and RFPs are issued for the remaining service areas.

-Subacute- this is offered through the access center in Waterloo

-Crisis 23 hour holding: A holding center where individuals are just observed. This is also not offered in our North service area.

No major input given as far as what service we should prioritize.

9. Cerro Gordo County General Relief Payee Services

-Currently CSS payee policy states we are funder of payee services of last resort. We ask people go through natural supports, then if they don't have that they can go to a provider, and then if they don't have that could go to private agency which would charge them to provide that service. Some of those private agencies may come to CSS and ask for us to help pay for this service if individual can't afford full amount. -Most of these private agencies are organizational payees however we fund 100 people a month in CG county as they are not an organizational payee which is different from what the rest of our region is doing.

-What should we do to make this more consistent?

- would like to see this service limited to individuals with most desperate needs.
- think we should focus our time and money on more important items.

10. CSS Cares Act Funding

-Extra funding received by the region for mental health and covid related services.
-Has to be spent on Covid/MH needs and could not have been in our prior budget
-Hope is not cancelled- a program looking at providing 3 free outpatient visits to anyone.
Some of the dollars will go to this program.

-We will also be opening up RFP for any agency or school to use some dollars again for Covid/MH needs. More information on RFPs will be coming out on our facebook page and website.

-Has to be used before 12/31/2020

-Raina would like to see some sort of telehealth equipment purchased to increase access for our rural counties who don't have psychiatrist available.

11. Public Input

-We have a consumer rep for the board from the south service area. If we have any ideas of consumers in the North service area who might be good fit as consumer reps please send this recommendation to Raina.

- 12. Next Meeting- Annual Stakeholder Meeting Wed November 18th at 10:00am Location- TBD
- 13. Adjourn